

# LA COUNTY PUBLIC HEALTH: COVID-19 VACCINE WHEN YOU'VE BEEN FULLY VACCINATED

The COVID-19 vaccines that are currently available in the US are very effective at protecting vaccinated people from getting infected with the virus that causes COVID-19. They prevent people from becoming severely ill with COVID-19, being hospitalized, and dying. Plus, fully vaccinated people are less likely to infect others. Because of this, they can do more activities with fewer restrictions than people who are not fully vaccinated.

### Even after you are fully vaccinated against COVID-19, continue to take precautions to protect yourself and others including:

- Wear a well-fitting mask when required (see below)
- Wash (or sanitize) your hands often.
- Stay home when you are sick. If you have symptoms of COVID-19, you should isolate, talk with a doctor, and get tested.

More information below as well as the LACPH website: http://publichealth.lacounty.gov/acd/ncorona2019/vaccine/fullyvaccinated/

#### **PUBLIC TRANSPORTATION AND TRAVELING**

- You still need to wear a mask:
  - On planes, buses, trains, and other forms of public transportation or ride share when traveling into, within, or out of the US.
  - In U.S. transportation hubs such as airports, train, and bus stations.
- You can travel domestically and internationally. Be sure to follow the requirements of the area(s) that you are visiting. Some places may require you to show a negative test result before traveling. Be prepared and plan ahead.
- Upon return to Los Angeles County from outside of California:
  - You should monitor your health for 14 days. As long as you have no symptoms, quarantine and testing are not needed after domestic travel.
  - If you traveled internationally, you do not need to quarantine as long as you have no symptoms. It is recommended that you get tested 3-5 days after your return.
    - Note: you must have proof of a negative COVID-19 test to fly back to the US.

### **PUBLIC SPACES**

- If you are fully vaccinated, you are not required to wear a mask, except in places where EVERYONE is required to wear a mask.
- Everyone, regardless of vaccination status, must wear a mask:
  - On all forms of public transportation and transportation hubs
  - · Healthcare settings
  - Shelters and cooling centers
  - Indoors at any youth-serving facility (such as K-12 schools, childcare, day camps, etc.)
  - Any business or government office serving the public that requires everyone to wear a mask

Note: Businesses and venues can choose to require you to show proof of vaccination to make sure that you are not required to wear a mask. Keep your white vaccination card handy in case you need to show proof of vaccination.

#### **QUARANTINE**

- As long as you do not have symptoms, you do not have to quarantine if you are a close contact to someone with COVID-19 or after you have returned from out of state or international travel.
- You still need to monitor your health for symptoms of COVID-19 for 14 days after your last contact with the infected person or upon return to LA County.
- Visit the guarantine webpage for more information.

#### WHAT'S INSIDE?

Page 1 – LACPH: COVID-19 Vaccine/When You've Been Fully Vaccinated, Administration Changes

Page 2 - Employee News

Page 3 – Resident News

Page 4 – 31 Days to Celebrate in July

#### **ADMINISTRATION CHANGES**

- 1. Richard A, ALF Wellness Director Office located in Pampuri building to the left, previous ALF Administrator's office
- 2. Sabrina T, ALF Administrator Office next to old office
- 3. Deborah S, SNF Director of Medical Records Office location remains the same, in SNF basement

### **COMPANY WEBSITE - COVID-19 UPDATES**

For the latest update on our campus regarding COVID-19, please visit our company website at <a href="stjogrcc.org/news">stjogrcc.org/news</a>.

## **EMPLOYEE NEWS**



#### MINISTRY EDUCATION TRAINING

Notice posted around campus.

Because of all of us, many wonderful things happen in the lives of our residents and all of us by working together. We will gather for Ministry Education training, in the spirit of St. John of God, and make it an opportunity to identify the many ways in which we have been bringing the Mission and Values of this center into the daily lives of others. It is a time to recognize how the powerful responsibility and trust you carry really does change you and improve the way you see yourself and other people and recognize all the good you are capable of through your work together.

Ministry Education is an annual and mandatory training starting this year. The training will be a requirement should you receive a raise based on your performance evaluation. In other words, your raise will not be processed until the Ministry Education training has been completed.

Please keep in mind, raises are not guaranteed and will be based on your performance evaluation.

The following are dates and times for the Ministry Education training. You only need to attend one, and make sure you are clocked in for the training.

July 27, 2021, at 230pm to 330pm August 10, 2021, at 230pm to 330pm August 24, 2021, at 230pm to 330pm

Please join us with your open mind and heart as we gather to reflect on our Mission and Values.

#### **PAYCOM TRAINING**

Notice posted around campus.

These trainings are not mandatory. They are available for employees who would like additional information on how to utilize Paycom's new features: punch changes (time adjustments), schedules, and time off requests.

Paycom training are scheduled for the following days: Wednesday, 7/7, at 11am to 1130am and 230pm to 3pm Wednesday, 7/14, at 11am to 1130am and 230pm to 3pm

In-service on how to utilize Paycom will be scheduled. It is not mandatory but will be available for those who would like more information. Please keep an eye out for notices on the dates and times.

If you do not know your Paycom account, see HR or you can email HR@stjog.org.

### **JUNE NEW HIRES**

Welcome to the team! Richard A, Alondra HZ, Jeanneth F, Santos L, Abigail I, Steven G

# EMPLOYEE HANDBOOK POLICY: PAYDAYS AND PAY PERIODS

(pg. 17 in the handbook)

This is only a section. See handbook for the full policy.

You will be paid in full semimonthly on the tenth (10th) and the twenty-fifth (25th). Paychecks received on the tenth (10th) will be for time worked from the sixteenth (16th) through the end of the previous month. Paychecks received on the twenty-fifth (25th) will be for time worked from the first (1st) through the fifteenth (15th) of the current month.

# MANDATORY EMPLOYEE COVID-19 TESTING PROCEDURE

Notice posted around campus.

CDPH updated their COVID-19 testing requirement for employees.

Effective immediately, not all employees will need to test on a weekly basis. We will contact the employees directly who still need to test weekly with more information. This will be the procedure in place until we receive further guidance.

#### **CURRENT JOB OPENINGS**

#### **Campus Wide**

- 1. Support Services Aide (Temporary, FT)
- 2. HVAC Maintenance Assistant (FT)
- 3. Janitor (FT)
- 4. Information Technology (IT) Technician (FT)

#### **Assisted Living Facility**

- 1. Nursing positions: Caregiver, ALF Shift Supervisor (LVN)
- 2. Dietary Aide (On Call)
- 3. Cook (Temporary, FT)
- 4. Wellness Director (FT)
- 5. Activities Assistant (FT)

#### **Skilled Nursing Facility**

- Social Services Designee (FT)
- 2. Director of Social Services (FT)
- 3. Dietary Aide (FT, PT, On Call)
- 4. Nursing positions: CNA, RNA, LVN, RN
- Activities Assistant (Temp FT/PT)
- 6. MDS Assistant (LVN Assessment)

Please visit <u>www.stjogrcc.org/careers</u> and click on "Apply" to view all current job openings.



### **JULY BIRTHDAYS**

Happiest of birthdays to the following employees:

Maria A, Alma A, Juliet A, Raven A, Patricia B, Ann Christine D,
Martha GC, Dimas H, Verletta L-J, Amelia N, Roberto O, Fr. Don
O, Iraida R, Engers R, Beatriz S, Florida S, Elena TC, Carlos V,
Lakeschia W, Vida Y, Bonnie Y

### **RESIDENT NEWS**

## **INDEPENDENCE DAY**

When: July 4th

Where: United States of America

#### **ORIGIN STORY**

Independence Day, also called Fourth of July, commemorates the passage of the Declaration of Independence by the Continental Congress on July 4, 1776. The Declaration announced the political separation of 13 North American colonies from Great Britain.

#### **CRITICAL PEOPLE**

#### THOMAS JEFFERSON-

- · lead author
- 33 years old

- JOHN ADAMS -

BENJAMIN FRANKLIN

ROGER SHERMAN

WILLIAM LIVINGSTON

\_\_ fellow committee members consulted

Benjamin Franklin, John Adams, and Thomas Jefferson discussing a draft of the Declaration of Independence, 1776.





John Hancock was the only one to sign the actual Declaration of Independence on July 4, 1776. Others signed later.







signers would later become president of the United States

JOHN ADAMS THOMAS JEFFERSON

#### **HOW IT'S CELEBRATED TODAY**

Blasting 15,000+ fireworks every year has become part of the tradition of celebration.





The Macy's fireworks show has been celebrating July 4th over New York City's East River for more than 40 years.

Every Fourth of July, the Liberty Bell in Philadelphia is tapped (not actually rung) 13 times in honor of the original 13 colonies.



Lee Greenwood's patriotic 1984 song "God Bless the U.S.A." gets nearly 25 times more views on July 4th than any other day of the year.

SOURCES:
Eagle photo: AdstockRF
Presidential seal: The White House
Declaration of Independence: © National Archives
Illiustration of Franklin, Adams, and Jefferson: © Library of Congress



July 8 1776 First effective celebration took place in Philadelphia. First public reading of the Declaration of Independence, after people were summoned by the ringing of the Liberty Bell.

July 3 1781 Massachusetts became first state to recognize the Fourth of July as an official holiday.

July 4 1801

The White House held its first Fourth of July party.



July 4 1851 The first Horribles Parade was held in Lowell, Massachusetts. This parade is a comical send-up of a stuffy military organization called the Ancient and Honorable Artillery Company of Massachusetts or the "Ancient and Honorables."

June 28 1870 Congress made Independence Day an official holiday for federal employees who worked in Washington, D.C.

1938

Congress formalized Independence Day as an official paid federal holiday.

July 4 1960 The current 50-star flag debuted after
Alaska and Hawaii
became states in 1959.

#### **DID YOU KNOW?**

The Declaration of Independence wasn't actually signed (except by John Hancock) on the Fourth of July—that's just the day the document was adopted by the Continental Congress.

One U.S. president, Calvin Coolidge, was born on the Fourth of July, in 1872.

Three U.S. presidents, John Adams, Thomas Jefferson, and James Monroe, all died on the Fourth. Adams and Jefferson died within hours of each other in 1826.



There have been 27 different official versions of the U.S. flag, including the first one in 1777. All of the changes have involved the addition of stars.



A popular myth holds that Benjamin Franklin proposed the turkey as the national symbol but was overruled by John Adams and Thomas Jefferson, who recommended the bald eagle.

Great American composer John Philip Sousa wrote 136 marches in the late 19th and early 20th centuries. Some of his greatest hits were among the first to be recorded and mass-produced as phonograph records.

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#### **SUMMER ACTIVITIES**

Fun summer activities that are great for seniors:

- 1. Cooking class Cook a fresh meal
- 2. Reminisce on the past Share photos and stories
- 3. Arts & Craft Be creative!
- 4. Board/card games Blackjack, anyone?
- Go on a walk Get some fresh air and enjoy some Vitamin D. It's important to get out, but the weather can limit your time outside.
- 6. Ice cream social Need I say more? ICE CREAM!

#### VISITATION

Visitation is available, and guidelines are under constant review based on guidance from LACDPH. Processes change frequently and please keep in mind guidance pertinent to our facilities typically lags those of the County by two weeks. To assist you, and understand your responsibilities, you can contact the Care Center or RCFE leadership on the most current processes in place.

# MASS & COMMUNION ROUNDS REMINDER Daily Mass (SUNDAY TO SATURDAY)

Time: 10:00am to 10:30am

Location: Chapel in the Care Center

#### **Communion Rounds (Every Friday)**

Time: 11:00am to 11:30am

Location/Buildings: Menni, Grande, and Pampuri

\*Rounds in the Care Center will be conducted throughout the day on Fridays.

#### **Daily Lectors at Mass**

Residents and Staff are welcome to sign-up to Lector at the 10:00 am Mass each day. The sign-up sheet is on the table in the chapel.

#### 31 DAYS TO CELEBRATE IN JULY

Source: https://www.thespruce.com/reasons-to-celebrate-in-july-4164366

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 International Joke Day	2 Made in the USA Day	3 National Eat Beans Day
4 Independence Day	5 National Graham Cracker Day	6 National Fried Chicken Day	7 Chocolate Day	8 National Chocolate with Almonds Day	9 National Sugar Cookie Day	10 National Pina Colada Day
11 National Mojito Day	12 National Simplicity Day	13 National French Fries Day	14 Pandemonium Day	15 I Love Horses Day	16 National Fresh Spinach Day	17 World Emoji Day
18 National Listening Day	19 National Daiquiri Day	20 National Moon Day	21 National Junk Food Day	22 Summer Leisure Day	23 National Vanilla Ice Cream Day	24 National Tell an Old Joke Day
25 National Wine and Cheese Day	26 National Bagelfest Day	27 National Scotch Day	28 National Milk Chocolate Day	29 National Lasagna Day	30 Paperback Book Day	31 National Avocado Day

July 1: International Joke Day



Knock knock! International Joke Day is here. Today's the day to tell all of your jokes—good and bad—to spread some laughter and cheer. Also, consider heading to a local comedy club to support the comedians in your community.

July 2: Made in the USA Day



Just in time for Independence Day, July 2 is the day to support local businesses and products that are made in the U.S. You can feel good knowing you're boosting the hometown economy and helping to create jobs for your neighbors.

07 July 7: Chocolate Day



Chocolate has an almost magical ability to make life better. And eating an ounce of dark chocolate each day actually has some health benefits, including reduced stress and blood pressure. Indulge in your favorite chocolate for Chocolate Day.

July 12: National Simplicity Day



Today is the day to celebrate the simple things in life. Take a walk in nature. Listen to the birds. Enjoy a conversation. Just slow down and take stock of what really matters to you.

14 July 14: Pandemonium Day



Between hectic work schedule. family chores, much-needed time, and alone time, every day might feel like Pandemonium Day. But today embrace the pandemonium, and do something you normally wouldn't do. Stray from your regular schedule, let the dog on the bed, or dig into some junk food. Do whatever you need to let loose.

July 18: World Listening Day



Every year, the World Listening Project holds World Listening Day. It's a time to pause and listen to the sounds of nature and society to learn more about our environment. So today open your ears and really pay attention to what you're hearing.

July 22: Summer Leisure Day



Even if you can't take a vacation this summer, it's important to give yourself some TLC. Take a breather from the daily routine, and go to the beach, lake, or a local park. Or simply sleep in and have a lazy day on the couch.

July 31: National Avocado Day



🖻 Nina Van Der Kleij / EyeEm / Getty Images

Served on toast, mashed into guacamole, or blended into dairy-free fudge, today we're honoring avocados. Try a little more adventurous avocado recipe today, such as chocolate pudding made with the creamy fruit. Or treat your skin to a homemade avocado face mask.