



Giving the best in the New Year

As you end a year and move on to the next one, you shall stop for a moment to reflect upon the experiences gathered in the past and the expectations you have for the next 366 days. The year 2016 is opening a road ahead of you with new gifts and surprises that will fill up your heart.

However, you can be open to the newness of the upcoming year by reflecting upon your present blessings. You can honor the past by rejoicing your joys and mourning your losses while extracting the 'pearl' from each experience lived in 2015. Some pearls might be a little dirty, others might be shiny and colorful, but all of them are lessons that can be added to the beautiful pearl necklace of your life journey. Isn't amazing another year has passed? It is time to appreciate every experience, and to observe their inspiring beauty. In fact, there are many stories only you can tell, and many adventures only you have lived that can inspire young people! It's time to share them by living and giving your joy to people around you.



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At the same time, you don't have to be placed in the past. Look forward to the New Year with hope and enthusiasm. New Year's resolutions are a good way to set up your goals, find meaningful reasons to your day-to-day activities, and focus on creating relationships with people. You can even have a plan to enrich your knowledge, learn a new language, or perform a new art. It is never too late to learn! 2016 can be the best year ever if you give the best of you in every moment.





Mrs. Honora Wells is the invited resident for the monthly Hospitaller Newsletter. She was born in Rhode Island, New England, but she came to California when she was still very young. She is been a resident of St. John of God since January 2012. “I love St. John of God,” she says. “First of all I like the spiritual environment, which is very important to me. I have made so many friends here. Not only the residents, but also the staff, and the Brothers mean so much for me. They all have become my family.”

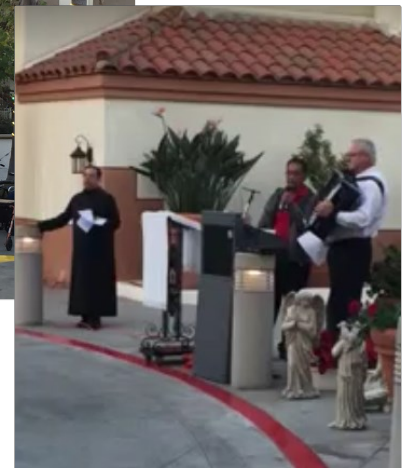
Many of her life stories and adventures are written in Mrs. Wells’ book called “*My Story. 94 years of Victorious Living by the Grace of God*”. The idea to write her own book came up while she took a Memoir Class at St. John of God. “I started this book with the writing class I took here. During the class I wrote a little section of the book, and that got me to thinking of writing about my ancestry that my grandchildren didn’t know because they weren’t born yet.”

In addition to her writing skills, Mrs. Wells also loves to meet new people and to build friendly relationships with others. “When I see a new resident, I always go over and I introduce myself to them. If you don’t talk to people you never get a chance to know things about them,” she says.

Thank you Mrs. Wells! We really appreciate your warm personality and beautiful smile. We are happy to keep sharing other experiences and life adventures with you.

Christmas Lighting Ceremony 2015

St. John of God Retirement and Care Center welcomed the Christmas season with a traditional Blessing of the Lights Ceremony which took place on December 9th.



Photos: Giovanni Argueta

St. John of God Christmas Party



Bring peace everywhere you go!

The World Day of Peace is celebrated every year on January 1st. This year Pope Francis' message is a call to "Overcome indifference and Win Peace." He invites us to build true relationships with our brothers and sisters by overcoming indifference and individualism. "We too," Pope Francis says, "are called to make compassion, love, mercy and solidarity a true way of life, a rule of conduct in our relationships with one another. (...) Solidarity represents the moral and social attitude which best corresponds to an awareness of the scourges of our own day, and to the growing interdependence, especially in a globalized world, between the lives of given individuals and communities and those of other men and women in the rest of the world."

Last year was sadly characterized by the many wars and conflicts that thorn many countries in the world. However, the lack of peace is not only in faraway countries; it can also be present in our daily misunderstandings or conflicts. We can be peace makers on a daily bases by bringing love and harmony to our families, group of friends or communities. As Martin Buber wrote "A harmonious living together can only be achieved through the constant renewal of genuine relationships between people, groups, and nations." As we keep praying for peace in the world let's bring peace everywhere we go by loving the others and being compassionate with people who are suffering.



DROPS OF LIFE

Exercise Class

Monday-Saturday at 10:00AM
Sundays at 11:00AM

Location: St. Richard Pampuri

RCFE Special Events

Pampuri Events

- Resident Council Meeting on **January 07** at 9:45am
- Happy Hour Every Thursday at 3:15pm
- Birthday Celebration **January 15** at 12:00
- Gift Shop Sale on **January 13** at 2:15pm
- Auction **January 21** at 1:30pm
- Candle Light Dinner on **January 14** at 5pm
- Pet Therapy on **January 23** at 3:30l

St. Benedict Menni Events

- Birthday Celebration on **January 15** at 12:00pm
- Happy Hour Every Friday at 3:30
- Candle Light Dinner on **January 07** at 5pm
- Pet Therapy on **January 23** at 3pm

St. John Grande

- Resident council Meeting on **January 26** at 1:30
- Birthday Celebration on **January 15** at 12:00pm
- Auction **January 21** at 1:30
- Happy Hour every Thursday at 3:15
- Gift Shop Sale **January 13** at 2:15
- Candle Light on **January 28** at 5pm

Special Events Skilled Nursing

- Sunday, **January 3rd**: Order of Malta movie matinee at 1:30 in founders Hall
- Wednesday, **January 6th**: Bible study w/tom in 2nd floor at 1:45 and Bingo Blowout at 3pm in founders Hall
- Saturday, **January 9th**: Movie & Discussion W/Tom on 2nd floor Activity Room at 1:30
- Wednesday, **January 13th**: Bible study w/tom in 2nd floor at 1:45pm
- Thursday, **January 14th**: Resident Council Meeting at 2pm on 2nd floor Activity Room
- Wednesday, **January 13th**: Bible study w/tom in 2nd floor at 1:45pm and Bingo Blowout at 3pm in founders Hall
- Tuesday, **January 19th**: Happy Hour at 4pm Followed by Candle light dinner at 5pm in Founders Hall with Live Entertainment
- Friday, **January 22nd**: Bingo Store at 3pm on 3rd floor kugler conference room
- Saturday, **January 23rd**: Movie & Discussion W/Tom on 2nd floor Activity Room at 1:30pm
- Monday, **January 25th**: Cooking Class on 3rd floor activity room at 2:30pm
- Wednesday, **January 27th**: Bible study w/tom in 2nd floor at 1:45pm
- Friday, **January 29th**: Resident Birthday Celebration at 2pm in founders Hall w/live entertainment

You are cordially invited to join us to the St. Richard Pampuri
Candlelight Dinner!!!

We invite St Richard Pampuri residents and family members to join us for an evening of fine dining and entertainment.

Date and time: January 14 at 5pm

For more information please contact our Activities Department at (323) 731 -0641 Ext: 31517